

# Thankful

## Your Donation is Important

Three Oaks graciously thanks all of those who have made donations to the agency. Your support allows us to maintain a high standard of service for women and children in our community.

As you make your charitable contributions this year, please consider making a tax deductible donation to support the work of Three Oaks. Please make your cheque payable to:

Three Oaks  
P.O Box 22162  
Belleville, Ontario  
K8N 5V7  
Phone: 613-967-1416  
Crisis: 613-966-3074  
Fax: 613-966-6008  
www.threeoaksfoundation.org

## Membership

### Three Oaks Membership Form 2012

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Membership Fees: Individual -\$5.00      Organizational- \$25

Membership required: Individual \_\_\_ Organizational \_\_\_ Donation \_\_\_ Fee enclosed \_\_\_

Amount \$ \_\_\_\_\_

*Receipts for membership fees will be issued. However, receipts for tax purposes can only be issued for donations.*

Do you wish to receive mail outs from Three Oaks? Yes \_\_\_ No \_\_\_

Are you interested in sitting on a committee as a general member of Three Oaks? Yes \_\_\_ No \_\_\_

Are you interested in becoming a volunteer? Yes \_\_\_ No \_\_\_

# 2011

### Mission Statement

At Three Oaks we are committed to the promotion of equality and the end of violence against women and children.



SHELTER AND SERVICES FOR ABUSED WOMEN AND THEIR CHILDREN

# Annual General Report

“How lovely to think that no one need wait a moment, we can start now, start slowly changing the world”  
Anne Frank

### Celebrating 27 years of Dedicated Service

The Board of Directors is proud of the services that Three Oaks has provided for the past twenty-seven years for women and their children who have suffered from domestic violence. Our shelter is a safe haven for those brave women and their children in transition. As well, Three Oaks provides a 24-hour crisis telephone line, empowering counselling services, groups for women and children, and public education seminars. To support these services, we have outreach offices in Belleville, Trenton, and Centre Hastings. Many lives have been changed for the better because of these services.

While we celebrate the work of Three Oaks, we are mindful of the many women and children who remain in situations of domestic abuse.

We are pleased to announce that our shelter at Three Oaks is now completely accessible. Our new lift provides access to all of the residential areas. We have a ramp for wheelchair accessibility, and our kitchen has been modified for easier use by women with mobility challenges. The Board of Directors expresses their appreciation to the Staff of the Shelter for their extra care to ensure the security of the building while this extensive work was completed.

Three Oaks is excited to announce that we are nearer to our strategic goal of Second Stage Housing. This housing would assist women and children to move from temporary shelter at Three Oaks to a safe, longer term environment free of violence. Our next step is to purchase property for Second Stage Housing this coming year. The financial support from our community has helped to bring this dream to a reality.

The year has brought important changes to the staffing at Three Oaks. We congratulate Lorri Harrison on her appointment as Shelter Services Manager, and Jennifer Loner on her appointment as Training and Education Coordinator. We welcome these ladies as they begin their new roles at Three Oaks.

We are most grateful for the many donations and financial support that we have received. Some of the monies were used to purchase new playground equipment for the children. Personal items and toys have been greatly appreciated by the women and children in our shelter. I would also like to acknowledge the Ministry of Community and Social Services for their ongoing support for our services.

On behalf of the Board of Directors, I wish to extend our appreciation to our staff who works tirelessly for women and children suffering with domestic violence. Our building is more than a shelter, it is a “home” for our clients because of our caring staff. Our outreach staff is to be commended on their strong advocacy for women and children in situations of domestic abuse, and their dedication to breaking social isolation.

I have been supported these past three years by a Board of Directors that has shown vision, dedication and caring. These exceptional women and a gentleman have given generously of their time, talents, and commitment. The devotion displayed by these wonderful people is pivotal to guiding Three Oaks into 2012.

Beth Siurna  
Chair Board of Directors

CELEBRATE

## ACCESSIBILITY & EQUALITY

### Wheel Chair Accessibility Makes it Possible for All Women and Children to have Safe Shelter in Belleville

Three Oaks is pleased to announce that once again the shelter is wheel chair accessible. We continue to strive to ensure that all our services are accessible.



### The 10 Steps to End Violence Against Women

1. Understand that violence against women is an equality rights issue.
2. Recognize that male power is upheld by rape and sexual harassment.
3. Stop racism/ oppression; make Ontario accessible.
4. End poverty — NOW!
5. Create and maintain housing, non-profit childcare, training — NOW!
6. Provide fair access to justice for women.
7. Hold violent men accountable for their actions.
8. Stop criminalizing and psychiatrizing women.
9. Demand secure funding for women's organizations.
10. Listen to survivors and women's advocates — they are the experts!



[www.stepitupontario.ca](http://www.stepitupontario.ca)

## COMMUNITY EVENTS

Three Oaks thanks the community for the support and financial assistance that they give to ensure that the women and their children in the community receive the help they need. This includes The Royal Bank, Churches, Community Clubs, Sears and many more. Events such as the fundraising concert by the band “All You Need is Love” and “Walk a Mile in Her Shoes” allow us to work together and have fun as a community, while raising money and awareness for those who have been affected by abuse.



### Walk a mile in her shoes

“There is an old saying “You can’t really understand another person’s experience until you’ve walked a mile in their shoes.” This international men’s march asks men to literally walk one mile (or in our case one kilometre) in women’s high heeled shoes. It’s not easy walking in these shoes, but it’s fun and gets the community aware of and talking about something that’s really difficult to talk about: violence (physical, verbal and sexual assault) against women.

Taken from Belleville intelligencer 2010 team Guernsey

Pictures courtesy of The Belleville Intelligencer

The past year has continued to be a time of growth and transition at Three Oaks. Our agency provides emergency shelter in Belleville and community based counselling services across Hastings and Prince Edward Counties to women and their children who have experienced violence. Equally important, we provide support, hope and confidence to these women and children.

We welcomed Jennifer and Lorri to their new permanent positions at Three Oaks. As well, we are pleased to have Bonny, Erika, Justine and Kaci join the Relief team.

Staff have participated in very worthwhile and effective training opportunities. The facilitated interactive workshop at the annual retreat was developed specifically for our staff. These professional development days are very effective in encouraging stronger working relationships.

The Ministry of the Attorney General is providing funding in communities in Ontario for Family Court Support Workers. Three Oaks has secured funding for a part-time position which will begin November 1<sup>st</sup>.

One-time capital funding was made available to us for accessibility upgrades and the installation of a new lift. This has allowed for the shelter to be wheelchair accessible once again. Our thanks to Lynette Cumming, Program Supervisor with the Ministry of Community & Social Services, for her support and advocacy on our behalf.

Three Oaks is proud to collaborate with and participate locally in many committees, most noteworthy, the Quinte Coordinating Committee against Violence. Working together strengthens our collective capacity to provide support and services to women and their children. Additionally, it allows us to work collaboratively to address systemic barriers.

Our community came together to plan social action events, including the National Day of Remembrance & Action on Violence against Women, International Women’s Day and Take Back the Night. I am a member of the Board of Directors of the Ontario Association of Interval & Transitional Houses. As a member of OAITH, we work with other women’s shelters, to raise awareness about violence against women on a national level.

Three Oaks has moved forward in its plan to develop Second Stage Housing. SEED funding from Canada Housing & Mortgage Corporation has allowed for the development of a Business Plan. The agency has also begun to establish a Fund Development Strategy. Both of these exciting projects will improve our services.

The Belleville community continues to show signs of its support and belief in the work of Three Oaks. Thank you to all those community members, groups, organizations, sister shelter agencies and women’s advocates who contribute their resources and time. Again, a special thank you to the folks at Royal LePage ProAlliance Realty for their ongoing fundraising efforts for Three Oaks.

Thank you to the board and staff for your dedication and hard work. I am fortunate to work with such committed and caring individuals.

To the women and children that we work with; your strength encourages us to provide the best services we possibly can. As we look to the future, we do see women and their children living free of violence.

Pam Havery  
Executive Director

# SUPPORT

## Women's Service Workers

Three Oaks provides a warm and inviting home-like atmosphere for women aged 16 and older and their children who are fleeing abusive relationships. They are welcomed into Three Oaks for safe, temporary emergency shelter, safety planning, crisis support services, rights information, supportive counselling, skill development and advocacy assistance.

Individual safety plans are developed with the woman that reflect her personal needs and choices. Supportive counselling, skill development and advocacy assistance provides women with the tools to become empowered and to understand their rights.

Mothers are supported in their parenting skills with the assistance of the Children's Service Worker to help their children heal from the effects of witnessing violence. The Children's Service Worker also facilitates groups for the older children and provides activities and a playroom with a variety of fun and educational toys.

Our Crisis line provides immediate support, safety planning and referral services via telephone and TTY devices 24 hours a day 7 days a week.

### Highlights from WSW Worker

- Helping women by providing positive outlets for self care and communication.
- Seeing positive change in someone's self confidence and seeing them recognize and embrace their power as women.

*"I was allowed to experience my reality without being judged. All my thoughts were respected and I was introduced to new options in an un-intrusive manner."*

*Quote from a woman staying in the shelter*

The staff at Three Oaks are committed and dedicated women who are non-judgmental, open minded and have a pure heart. They respect the diverse needs of the women and children and they empower them so that they can live free from violence.

Lorri Harrison  
Shelter Manager

### SHELTER STATISTICS

<b># of Women</b>	<b>150</b>
<b># of Children</b>	<b>71</b>
<b>In Home Counselling</b>	<b>54</b>
<b>Women Turned Away ( shelter full )</b>	<b>30</b>
<b># of Crisis Calls</b>	<b>1063</b>

# APPRECIATION

## Corporate Donors

- |   |   |
|---|---|
| Albury Friendship Group                     | Sacred Heart of Mary C.W.L.                 |
| Alpha Kappa Master                          | Scotiabank                                  |
| Bay Subaru                                  | Sears Canada Inc. - Stockkeeping            |
| Belleville Wesleyan Church                  | Sears Employees Charitable Fund             |
| Belmont Long Term Care Facility             | Services Canada Staff                       |
| BMO Employee Charitable Foundation          | St. Clement Astra Chapel Guild              |
| Bridge Street United Church Women           | St. Columba Presbyterian Church Women       |
| C.A.W. Social Justice Fund, Local 887       | St. James the Minor C.W.L.                  |
| C.A.W. Local 830                            | St. Joseph's Catholic Women's League        |
| Canadian Tire Jumpstart Charities           | St. Mark's United Church Women              |
| Canadian Women's Foundation                 | St. Matthew's United Church Women           |
| Centre Hastings Community Support & Ed.     | St. Paul's Anglican Church                  |
| Centre Inc                                  | St. Paul's United Church U.C.W.             |
| Chambers Chiropractic Professional Group    | St. Thomas' Anglican Church                 |
| Elementary Teachers Federation of Ontario   | Stirling Senior Public School               |
| Jones Deslauriers Insurance Management Inc. | The Richmond Retirement Residence           |
| Kinette Club of Belleville                  | Trenton Horticultural Society & Garden Club |
| Kinette Club of Picton                      | Trinity St. Andrews Clothing Depot          |
| King Street United Church                   | Tweed Hungerford Sr. Student Funds          |
| Loyalist Decorative Painters Guild          | United Way (Kingston)                       |
| Ministry of the Attorney General            | United Way Centraide (Ottawa)               |
| Northumberland United Way                   | United Way of Greater Simcoe County         |
| Officers Mess Ladies Club                   | United Way of Peel Region                   |
| OPP Organized Crime Enforcement Bureau      | United Way of Quinte                        |
| Our Lady of Peace Chapel CWL                | Wing Food Services                          |
| Parkdale Baptist Church                     | Women in Education Hockey Team              |
| Pergantes Robinson Communications           | Women's Sales & Advertising Club            |
| Preceptor Beta Beta                         | Women's Christian Association               |
| Quinte & District Real Estate Board         |   |
| RBC Foundation                              |   |
| Realtor's Care Foundation                   |   |
| Royal LePage ProAlliance Realty             |   |
| Royal LePage Shelter Foundation             |   |

# TEAMWORK

## 2010-2011 Board of Directors

**Chair** - Beth Siurna

**Treasurer** - Pam Murphy

**Chair of Personnel** - Lorrie Maracle

**Chair of Planning & Development** - Eric Fry

**Vice Chair** - Janet Chouinard

**Secretary** - Jennifer Dagenais

**Members:** Ursula Cattelan, Connie Carson, Sherry Diamond, Penny Hendricks, Jessica Michael, Sandie Sidsworth, Megan Adam

## 2010-2011 Staff

**Executive Director**

**Community Services Manager**

**Shelter Services Manager**

**Executive Assistant**

**Administrative Support**

**Training & Education Coordinator**

Pam Havery

Gale Cole

Lorri Harrison

Barbara Watson

Tina Bowers

Jennifer Loner

## Outreach Staff

Debbie Hoskin, Ruth James, Shelley Haggarty, Heather Bassett, Leah Morgan

## Shelter Staff

Amy Dufresne, Shandra Valyear, Christin Mitchell, Amy Rose, Billie-Jo Cole, Michelle Marcenko, Kristin Hebden-Farrell, Barb Lea, Joyce Bernhardt, Justine Walker, Erika Thorn, Bonny Ray, Kaci Kelly

Three Oaks is grateful for the continued funding from the Ministry of Community and Social Services.



Three Oaks is not a United Way agency.

## Children's Programs

### Children's Program In House

The Children's Service Worker is available for the children that stay in the shelter. She provides counselling to the children as well as parenting help for the mothers. Amy, the CSW states, "Being the Children's Service Worker in the shelter is in my opinion one of the most rewarding positions. I have the opportunity not only to meet the children, but to interact with them, and get to know each one on an individual basis. The children are each so different, but have more in common than they know." The CSW also provides opportunities for the children to have fun by taking them out of the shelter on special trips such as to the beach, movies and the park. The shelter has a playroom designated for the children. Also this year, new equipment was purchased so that the children have their own space outside as well.

"The children trust that they will be safe while they are in the shelter and that I will do my best to provide them with an environment that is fun, full of activities and special outings".

*Amy Rose, C.S.W. Three Oaks*

"The most important thing about the service was the support of my children."

*Taken from a woman staying in the shelter*

### Children's Outreach Program

The Children's Outreach Worker provides one on one counselling as well as group counselling for children that have witnessed domestic violence. This service is based in the community. Leah, the Children's Outreach worker describes an encounter she had with a young teen. She states "At a group for preteen boys in Madoc, the topic of discussion was Why Women Stay in Abusive Relationships. After going through the different barriers a woman may face when leaving an abusive relationship, and focusing on those that especially affect rural women, an 11 year old boy stated to the group, "So it's just like dropping the woman off in the desert". When I asked him what he meant by that he replied, "Well she's free but good luck surviving". I was amazed by his insight and knew we got the message across."

# SAFETY

# CONNECTION

## Community Counselling Program

“True peace is not merely the absence of tension; it's the presence of justice.”

Martin Luther King

This program offers service to women in the community, who have experienced abuse in their lives. The program provides short term goal – focused supportive counselling as well as individual and group counselling sessions.

The counsellors provide court support, crisis intervention, referrals to other services, safety plans and case conferences.

We have office space in Belleville, Trenton, and Madoc with counsellors working in these areas on a regular basis. We also have the use of office space in Stirling, Marmora, and Frankford, when the counsellors have appointments booked.

Gale Cole  
Community Services Manager

## Outreach Stats

Women	174
Personal Safety Plans	99
Counselling Hours	1243
Case Conferences	89
Court support	48

## Highlights from Outreach and Transitional Workers

- Being able to assist women in securing financial assistance for the safety enhancements to ensure that women are safe.
- Being able to help women to identify the support they need and access those supports.

“The rising of women is the rising of us all.”

Estelle Coral

“Sticks in a bundle are unbreakable.”

Kenyan Proverb

# AWARENESS

## The Training and Public Education Program

The Training and Public Education Program at Three Oaks strives to bring public knowledge and awareness to the programs that Three Oaks has to offer, as well as the issue of violence against women and related issues. This is accomplished through various presentations such as What is Abuse, Rural Issues, Dating Violence and Healthy Relationships. These presentations are available to community agencies, service clubs, groups, churches and schools. This program also brings awareness by participating in events such as Take Back the Night, International Women’s Day and December 6 which is the National Day of Remembrance and Action on Violence Against Women.



## 2011 Take Back The Night

