



Effects of Abuse on Children

Physical Difficulties

- Constant stomach aches
- Headaches
- Ulcers
- Rashes
- Diarrhea
- Bedwetting
- Very high level of stress
- Delays or regression in development
- Speech disorders

Social Difficulties

- Identification with the aggressor, better to be big and bad than weak and terrified
- The feelings that it is unsafe or impossible to respond like a child
- A hard time solving problems with siblings and other children
- inability to concentrate which can lead to failure at school
- Low self esteem
- Mixed feelings toward their parents and a lack of trust in all adults
- Withdrawal into books, television, video games
- Few friends because of keeping peers at a distance to keep family secret