# Transitional Support Program

### A Transitional Support Worker will offer:

- \* Assistance finding safe, affordable and sustainable housing.
- Help with income supports.
- \* To provide court support.
- Help with educational upgrading.
- \* Help with life skills.
- \* Help with employment supports.
- \* Help with parenting supports.
- \* Assistance with the Legal Aid process.
- \* Information on health and wellness services.
- \* Assistance with building and extending women's personal community of support.



# Training and Education Program

Provides presentations and education on abuse and related topics for the community.

#### 24 hour Crisis Line

**TTY Accessible Services** 

613-966-3074, 1-800-267-0533

**Centre Hastings** 

613-473-1976, 1-888-275-0710

#### Three Oaks Shelter offers:

- \* 24 hour crisis information from experienced counsellors
- \* 24 hour emergency shelter
- \* Safety planning
- \* Individual counselling
- \* Referrals and advocacy
- \* In house children's program
- \* Interpreters
- \* Support groups for women
- \* Help to find and keep new safe housing
- \* Student placements

Three Oaks is a non-profit charitable organization. Donations are accepted and appreciated.

# Shelter and Services

We can help!



Services provided in Hastings County

# Family Court Support Program

## A Family Court Support Worker offers:

- Support for women who have experienced domestic violence and are involved in the family court process.
- \* Information about the family court process.
- \* Assistance through the Legal Aid process.
- Referrals to specialized services in the community.
- \* To accompany women to court proceedings where appropriate.



#### www.threeoaksshelterandservices.ca

#### Children's Services

#### Children's Service - In Shelter

#### A Children's Service Worker will:

- \* Be available for children that come to stay at the shelter with mom.
- \* Advocate and support mom while staying in the shelter.
- \* Make referrals for mom regarding children's services in community.
- \* Organize off-site activities for kids staying in shelter.
- \* Organize on-site activities such as movie nights and crafts.



# The Children's Outreach Worker will:

- \* Meet with children who have witnessed violence in the home.
- \* Provide groups for children.
- \* Provide individual counselling for children.

#### **Outreach Services**

#### An Outreach Counsellor will:

- Provide individual counselling.
- Provide group counselling.
- \* Help with safety planning.
- \* Make referrals and offer advocacy.
- \* Provide support groups for women.
- \* Provide assistance with finding safe, affordable and sustainable housing.
- \* Give assistance with legal issues.



P.O. Box 22162 Belleville, Ontario K8N 5V7

Crisis Phone: 613-966-3074 or 1-800-267-0533 Centre Hastings 613-473-1976 or 1-888-275-0710 www.threeoaksshelterandservices.ca