

Types of Abuse

Psychological Abuse

- Threatening to punch, hit, slap or kick you
- threatening to punish children to get back at you
- Harming a pet
- Punching a wall
- Slamming doors
- Hiding/stealing or destroying your possessions

The purpose of physical abuse is to make you emotional insecure about your own self worth and to make you helpless and or unable to escape further abuse.

Sexual Abuse

- Your partner forcing sexual activity when you say “no” and your limits are not respected , you are sleeping. This include when you are drunk or high and unable to say or are afraid to say no
- When your partner insists you dress in a more sexual way than you are comfortable.
- When demeaning remarks are made about your partner
- Has affairs with other women
- Criticizes you sexually (i.e.. Calling you frigid)
- Physically attacking your physical parts of your body (i.e. grabbing your breasts, buttocks, any touch that is unwanted)
- Forcing you to perform sexual acts that you do not wish to do (i.e.– oral sex or acting out pornography.)

Sexual abuse is any non—consenting sexual act or behavior. A women who is forced to submit to any sexual attention against her will is sexually battered.