

## Dating Relationships – Teen Abuse

**You may be in an abusive relationship if your partner:**



- o Won't let you talk to other people, even if they are your friends
- o Partner is very jealous
- o Constantly puts down what you wear and what you do
- o Likes to scare you by driving cars or things too fast or doing reckless things
- o Wants to know where you are and who you are with at all times
- o Tells other people about things you did or said that embarrass you or make you feel stupid
- o Gets 'carried away' during horseplay and hurts you , or hold you down and makes you feel helpless until you give in or feel humiliated
- o Becomes very angry about small things – like not being ready on time for a date or wearing the “wrong” clothes
- o Puts your friends down and ask you to stop seeing them
- o Does not like your friends or your family
- o Does not want to do any of the things or the events that are you interested in
- o Is often depressed or withdrawn but wont talk about their feelings? Puts blames on everyone else
- o Becomes angry or violent when using alcohol or drugs
- o Forces you to do anything sexually that you don't feel ready to do... either by physical force or by put downs, threats or other emotional pressure
- o ( will tell your mom what you did this last year\_\_\_\_\_)
- o Continually tells you that are stupid, fat, lazy ugly and so on
- o Have old fashion traditional ideas of what men and women should be and o
- o Makes awful jokes about women or men
- o Makes threats about hitting you, hurting your friends or pets, or killing himself if you don't obey
- o Has ever hit you, yelled at you, no matter how sorry he/she may feel afterwards